FORM 4

Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See	STATEMENT OF CHA
obligations may continue. See	

ANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* VAN BEEK JEROEN B						2. Issuer Name and Ticker or Trading Symbol Allovir, Inc. [ALVR]									all app Direc	,	ng Per	rson(s) to Is 10% Ov Other (s	wner	
(Last) (First) (Middle) C/O ALLOVIR, INC. 1100 WINTER STREET						3. Date of Earliest Transaction (Month/Day/Year) 11/08/2022									below) Chief Commerce			below)		
(Street) WALTHAM MA 02451 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)								ine) X	, I					
		Table	I - N	on-Deriva	tive S	Secui	rities	Ac	quire	d, Di	sposed o	f, or B	enefic	ially	Own	ed				
1. Title of Security (Instr. 3) 2. Transactio Date (Month/Day/N			/ear) i	Execution Dat			3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a			nd 5) Securi Benefi		ities For icially (D) d Following (I) (n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
						Code	v	Amount	(A) or (D)	Price	Transactio (Instr. 3 a		ction(s)			(111501.4)				
Common Stock 11/0)22				S ⁽¹⁾		299	D	\$8		399,501			D		
Common Stock 11/10				11/10/20	22				S ⁽¹⁾		13,109	D	\$8.002	2 ⁽²⁾ 386,392			D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Exec if any	Deemed ution Date, / th/Day/Year)		ransaction of ode (Instr. Derivative			Expi (Mor	ate Exer ration E nth/Day		7. Title and Amount of Securities Underlying Derivative Security (Instr 3 and 4)		Der Sec	vative urity tr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)	
					Code	v	(A)	(D)	Date Exer	cisable	Expiration Date	Title	or Number of Shares							

Explanation of Responses:

- 1. This sale was effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person on October 4, 2022.
- 2. The price reported in Column 4 is a weighted average price. The shares were sold in multiple transactions at prices ranging from \$8.00 to \$8.01. Full information regarding the number of shares sold at each separate price can be furnished to the SEC staff upon request.

Remarks:

/s/ Brett Hagen, as Attorney-

11/10/2022

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.