FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person* Brenner Malcolm | | | | | | 2. Issuer Name and Ticker or Trading Symbol Allovir, Inc. [ALVR] | | | | | | | | | k all applic Directo | able) r | g Pers | son(s) to Iss 10% Ov | ner | |
|--|---|--|---|---------|---|--|---|----------|---|---------------------|-------------------------------|--|-----------------------------------|--|---|---|---|--|---------------------------------------|--|
| | C/O ALLOVIR, INC. | | | | 3. Date of Earliest Transaction (Month/Day/Year) 07/29/2020 | | | | | | | | | | Officer below) | (give title | | Other (s below) | pecify | |
| 139 MAIN STREET, SUITE 500 | | | | | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | | Individual or Joint/Group Filing (Check Applicable Line) | | | | | |
| (Street) CAMBRIDGE MA 02142 | | | | | | | | | | | | | | , | X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | |
| (City) | (City) (State) (Zip) | | | | | | | | | | | | | | | | | | | |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | | | | | | | | | | | |
| 1. Title of Security (Instr. 3) 2. Transa Date (Month/D | | | | | | ar) i | 2A. Deemed Execution Date, if any (Month/Day/Year) | | Transaction Dispose Code (Instr. 5) | | ties Acquire d Of (D) (Ins | | Securitie Beneficia | curities Form neficially (D) o med Following (I) (II | | : Direct r Indirect str. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | | |
| | | | | | | | Code | <i>,</i> | Amount | (A) or (D) Price | | ce | Transact | | | | | | | |
| Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Da if any (Month/Day/ | ate, Ti | 4. Transaction Code (Instr 8) | | | | 6. Date Exercisabl Expiration Date (Month/Day/Year) | | | and 7. Title and Am of Securities Underlying Derivative Sec (Instr. 3 and 4) | | 5 | . Price of Derivative Security Instr. 5) | 9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4) | illy | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | Beneficial Ownership (Instr. 4) | |
| | | | | С | ode ' | v | (A) | (D) | Date Exercisable | | piration ate | Title | Amou or Numb of Share | er | | | | | | |
| Stock Option (Right to Buy) | \$17 | 07/29/2020 | | | A | | 22,500 | | (1) | 07/ | //29/2030 | Common Stock | 22,5 | 00 | \$0.00 | 22,500 |) | D | | |

Explanation of Responses:

1. This option shall vest in full upon the earlier of (i) July 29, 2021, and (b) the next annual meeting of the Issuer's stockholders.

Remarks:

/s/ Brett Hagen, as Attorney-in-

** Signature of Reporting Person Date

07/31/2020

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.