	FORM	4	UNITE	D STA	TES	S SI	ECUR	ITIE	S ANI	ΣE	ХСНА	NGE	СС	<b>MMI</b>	SSION				
						Washington, D.C. 20549											OMB APPROV		/AL
Section 16. Form 4 or Form 5 obligations may continue. See						NT OF CHANGES IN BENEFICIAL OWNE d pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940												er: verage burder sponse:	3235-0287 1 0.5
1. Name and Address of Reporting Person <sup>*</sup> Brainard Diana						2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>Allovir, Inc.</u> [ ALVR ]									eck all applie	cable) or	g Pers	son(s) to Issi 10% Ow Other (s	wner
(Last) (First) (Middle) C/O ALLOVIR, INC. 1100 WINTER STREET						3. Date of Earliest Transaction (Month/Day/Year) 07/01/2022									X Officer (give title Other (sp below) below) Chief Executive Officer				
(Street) WALTHAM MA 02451					- 4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)								Line	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				ı
(City)	(State) (Zip)																		
		Tab	ole I - No	n-Deriv	vativ	e Se	curities	s Aco	quired,	Dis	posed o	of, or E	Bene	eficiall	y Owned				
1. Title of Security (Instr. 3) 2. Transa Date (Month/Di						ear)	2A. Deemed Execution Date, if any (Month/Day/Year		3. Transaction Code (Instr. 8)						ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount		) or )	Price	Reported Transact (Instr. 3	ion(s)			(Instr. 4)
Common Stock 07/01/						2022		Α		48,125 <sup>(1)</sup> A		A	\$0.00	) 542,112 <sup>(2)</sup>			D		
		-	Table II -								osed of, onvertil				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	d Date,	4. Transa Code ( 8)	iction	5. Number		6. Date Exercisal Expiration Date (Month/Day/Year		able and	7. Title of Sec Underl Deriva	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transactiv (Instr. 4)	s Ily I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				c	Code	v	(A)		Date Exercisat		Expiration Date	Title	0 N 0	Amount or Jumber of Shares					
Stock Option (Right to Buy)	\$4.13	07/01/2022			A		89,375		(3)	0	)7/01/2032	Comm Stock		39,375	\$0.00	89,37	5	D	

I Explanation of Responses:

1. The shares reported in this transaction represent Restricted Stock Units ("RSUs") issued under the AlloVir, Inc. 2020 Stock Option and Grant Plan (the "Plan"). Each RSU represents the contingent right to receive one share of the Issuer's Common Stock. 25% of the RSUs shall vest on July 1, 2023, with the remainder vesting in twelve equal quarterly installments thereafter.

2. Includes 1,822 shares acquired under the Allovir, Inc. 2020 Employee Stock Purchase Plan on June 30, 2022.

3. 25% of this option shall vest and become exercisable on July 1, 2023, with the remainder vesting in twelve equal quarterly installments thereafter.

## Remarks:

SEC Form 4

/s/ Brett Hagen, as Attorney-in-07/06/2022 Fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.