#### Form 144 Filer Information UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

FORM 144 NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

## **144: Filer Information**

Filer CIK0001619252Filer CCCXXXXXXXIs this a LIVE or TEST Filing?Is LIVE INFORMATIONSubmission Contact InformationIs the second second

Name Phone E-Mail Address

### **144: Issuer Information**

Name of Issuer	Allovir, Inc.
SEC File Number	001-39409
Address of Issuer	1100 Winter Street Waltham MASSACHUSETTS 02451
Phone	617-433-2605
Name of Person for Whose Account the Securities are To Be Sold	Miller Edward

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Officer

Relationship to Issuer

**144: Securities Information** 

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value		Approximate Date of Sale	Name the Securities Exchange
Common Stock	Morgan Stanley Smith Barney LLC 1 New York Plaza, 38th Floor New York NY 10004	757	568	114915661	04/22/2024	NASDAQ

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

# **144: Securities To Be Sold**

Date of Title of the Date you Nature of Name of Is Date Amount of Nature of Class Acquired Acquisition Person from this Donor **Securities Payment** Payment \*

	Transaction	Whom Acquired	a Acquired Gift?	Acquired	
Common	04/22/2024 Restricted Stock	Allovir, Inc.		757	04/22/2024 N/A

\* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

# 144: Securities Sold During The Past 3 Months

Name and Address of Seller	Title of Securities Sold	Date of Sale Sold	<b>Gross Proceeds</b>
Edward Miller c/o 1100 Winter Street Waltham MA 02451	Restricted Stock	04/19/2024 626	470
Edward Miller c/o 1100 Winter Street Waltham MA 02451	Restricted Stock	04/02/2024 368	284
Edward Miller c/o 1100 Winter Street Waltham MA 02451	Restricted Stock	02/20/2024 385	268
Edward Miller c/o 1100 Winter Street Waltham MA 02451	Restricted Stock	02/05/2024 8869	5942
Edward Miller c/o 1100 Winter Street Waltham MA 02451	Restricted Stock	01/23/2024 1302	874
Edward Miller c/o 1100 Winter Street Waltham MA 02451	Restricted Stock	01/04/2024 424	271

### 144: Remarks and Signature

Remarks Date of Notice ATTENTION:

04/22/2024

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date. Brett Hagen, as Attorney-in-Fact

Signature

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)