FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Washington, D | ).C. 20549 |
|---------------|------------|
|---------------|------------|

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APPROVAL        |        |  |  |  |  |  |  |  |
|---------------------|--------|--|--|--|--|--|--|--|
| OMB Number: 3235-02 |        |  |  |  |  |  |  |  |
| Estimated average I | ourden |  |  |  |  |  |  |  |
| hours per response: | 0.5    |  |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

|   | . ,   |  |   |  | or Sect   | ion 30(h) of the   | Ínvestn | nent   | Con    | pany Act                          | of 19   | 940   |  |   |  |  |  |                                       |
|---|---|--|---|--|---|--|---------|--|--------|-----------------------------------|---|---|--|---|--|--|--|---------------------------------------|
| Name and Address of Reporting Person*     Tomasello Shawn |   |  |   | 2. Issuer Name and Ticker or Trading Symbol Allovir, Inc. [ ALVR ] |   |  |         |  |        |                                   | (Che  | eck all applic  | ationship of Reportin<br>( all applicable)<br>Director |   | ng Person(s) to Issuer   |  |  |                                       |
|   | OVIR, IN  |  | (Middle)  |  | 3. Date of Earliest Transaction (Month/Day/Year) 05/17/2022 |  |         |  |        |                                   |   |   | Officer (give title below)                             |   | Other (specifibelow)   |  |  |                                       |
| 1100 WINTER STREET  |   |  |   | 4. If Amendment, Date of Original Filed (Month/Day/Year)           |   |  |         |  |        |                                   | 6. Individual or Joint/Group Filing (Check Applicable Line)                       |   |  |   |  |  |  |                                       |
| (Street) WALTHA   | AM M  | IA   | 02451   |  |   |  |         |  |        | ]                                 | X Form filed by One Reporting Person Form filed by More than One Reporting Person |   |  |   |  |  |  |                                       |
| (City)  | (S  | tate)                                      | (Zip)   |  |   |  |         |  |        |                                   |   |   |  |   |  |  |  |                                       |
|   |   | Tak  | le I - Nor  | n-Deriv  | ative Se  | curities Ac  | quire   | d, [   | Disp   | osed o                            | f, o  | r Bene  | eficiall   | y Owned   |  |  |  |                                       |
| 1. Title of Security (Instr. 3)  2. Transa Date (Month/D  |   |  | Day/Year)   | 7. Transaction Code (Instr. 8)  4. Securitie Disposed (5) 5)       |   |  |         |  |        | Securitie<br>Beneficia<br>Owned F | 5. Amount of<br>Securities<br>Beneficially<br>Owned Following                     |   | nership<br>Direct<br>Indirect<br>str. 4)               | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership |  |  |  |                                       |
|   |   |  |   |  |   |  | le      | v  | Amount | t (A) or P                        |   | Price   | Transact   | Reported<br>Fransaction(s)<br>Instr. 3 and 4)       |  |  | (Instr. 4)   |                                       |
|   |   |  |   |  |   | urities Acq<br>s, warrants   |         |  |        |                                   |   |   |  | Owned   |  |  |  |                                       |
|   | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution I<br>if any<br>(Month/Day | Date, T  | ransaction<br>ode (Instr.                                   | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | Expirat | 6. Date Exercisable and<br>Expiration Date<br>(Month/Day/Year) |        |                                   | of S<br>Und<br>Der  | Fitle and A<br>Securities<br>derlying<br>rivative S<br>str. 3 and | ecurity  | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 4) |  | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | Beneficial<br>Ownership<br>(Instr. 4) |

Date Exercisable

(1)

Expiration Date

05/16/2032

Title

Common

Stock

## **Explanation of Responses:**

\$4.6

1. This option shall vest and become exercisable upon the earlier to occur of (i) May 17, 2023 and (ii) the next annual meeting of the Issuer's stockholders.

Code

Α

(A)

27,500

(D)

## Remarks:

Stock Option

(Right to Buy)

/s/ Brett Hagen, as Attorney-in-05/19/2022 Fact

Amount or Number

of Shares

27,500

\$0.00

27,500

D

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

05/17/2022

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.