FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

#### Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* <u>Sinha Vikas</u>						2. Issuer Name and Ticker or Trading Symbol Allovir, Inc. [ ALVR ]								Relationshipneck all app  Direc	licable)		_ ``	Owner	
(Last) (First) (Middle) C/O ALLOVIR, INC.					3. Date of Earliest Transaction (Month/Day/Year) 07/02/2024									Officer (give title Other (specify below)  See Remarks					
P.O. BOX 44, 1661 MASSACHUSETTS AVE.					4. If Amendment, Date of Original Filed (Month/Day/Year)								Lin	3. Individual or Joint/Group Filing (Check Applicable ine)					
(Street) LEXINGTON MA 02420													Form filed by One Reporting Person  Form filed by More than One Reporting Person						
(City) (State) (Zip)					Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
		Table	I - N	on-Deriva	tive	Secui	rities	Ac	quire	d, Dis	sposed of	, or B	eneficia	ally Own	ed				
1. Title of Security (Instr. 3)  2. Transacti Date (Month/Day)					Execution			3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)					6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)			(Instr. 4)			
Common Stock 07/02/2				07/02/20	)24	24			<b>S</b> <sup>(1)</sup>		939	D	\$0.72	1,165,394(2)		D			
Common Stock														16,674,766 <sup>(3)</sup>		I		Shares held by ElevateBio LLC	
		Tal	ble II								osed of, convertib				d				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Exec if any	Execution Date, if any		1. Fransaction Code (Instr. 3)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		te Exer ation D th/Day/		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Owners Form: Direct (I or Indire (I) (Instr.	Beneficial Ownership (Instr. 4)	
					Codo		(A)	(D)	Date	iooble.	Expiration	Title	Amount or Number of						

### **Explanation of Responses:**

- 1. Represents shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of restricted stock units. These sales were automatic and not in the discretion of the Reporting Person.
- 2. Includes 36,337 shares acquired under the Allovir, Inc. 2020 Employee Stock Purchase Plan on June 28, 2024.
- 3. Shares held by ElevateBio. The Reporting Person is a director and Chief Financial Officer of ElevateBio, and may be deemed to have shared voting and investment power of the shares held by ElevateBio. The Reporting Person disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these shares in this report shall not be deemed an admission of beneficial ownership of all of the reported shares for purposes of Section 16 or for any other purpose.

### Remarks:

Officer Title: President and Chief Financial Officer

/s/ Brett Hagen, as Attorneyin-Fact

07/03/2024

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.