FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

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|---|------------|------|-------|---|-------|
| | Washington | D.C. | 20549 | | |

OMB APPROVAL

| l | OMB Number: | 3235-028 |
|---|---------------------|----------|
| l | Estimated average b | urden |
| l | hours per response: | 0. |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| | e conditions of ee Instruction 1 | | | | | | | | | | | | | | | | | | |
|--|---|--|---|---|--|-----------------|---|--|---------------------------|--|--|--|---|--|---|---|---|--|--|
| 1. Name and Address of Reporting Person* Sinha Vikas | | | | 2. Issuer Name and Ticker or Trading Symbol Allovir, Inc. [ALVR] | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Image: Person Im | | | | | | | | |
| (Last) (First) (Middle) C/O ALLOVIR, INC. P.O. BOX 44, 1661 MASSACHUSETTS AVE. | | | | | 3. Date of Earliest Transaction (Month/Day/Year) 08/19/2024 | | | | | | | | Officer (give title Other (specify below) See Remarks | | | | | | |
| (Street) LEXINGTON MA 02420 (City) (State) (Zip) | | | | 4. If | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | Individual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | | |
| | | Table | I - Non-Deriva | tive | Secu | rities <i>l</i> | Acqu | ired, | Dis | posed o | f, or | Benefic | cial | y Own | ed | | | | |
| 1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Yea | | | 2A. Deemed Execution Date, if any (Month/Day/Year) | | 3. Transaction Code (Instr. 8) | | 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 an | | ed (A) or tr. 3, 4 and | 5. Amount of Securities Beneficially Owned Follow Reported | | s ally ollowing | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | | | |
| | | | | | | | Code | e V | Am | nount (| A) or D) | Price | | Transact (Instr. 3 a | ion(s) | (iiisti. | */ | (11150.4) | |
| Common Stock 08/19/2024 | | | | | S ⁽¹⁾ | | 3 | 3,159 | D | \$0.7595(2) | | 1,153,584 | | D | | | | | |
| Common Stock | | | | | | | | | | | | | 16,674,766 | | I h | | Shares held by ElevateBio LLC ⁽³⁾ | | |
| | | Tal | ole II - Derivati (e.g., pu | | | | | | | osed of, onvertib | | | | Owne | d | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | te Execution Date, onth/Day/Year) if any | | 4. Transaction Code (Instr. 8) S. Numbe of Derivativ Securitie Acquired (A) or Disposec of (D) (Instr. 3, and 5) | | | Expiration Date (Month/Day/Year) Amount Security Underlyi Derivati Security 3 and 4) | | | | ount of urities lerlying wative urity (Instr | D Se (Ii | Price of erivative ecurity nstr. 5) | derivativ Securitie Benefici Owned Followin Reported | Securities Beneficially Owned Following Reported Transaction(s) | | 11. Nature of Indirect Beneficial Ownership (Instr. 4) | |
| | | | | Code | v | (A) (| | Date Exercisa | ıble | Expiration Date | Title | Amoun or Numbe of Shares | | | | | | | |

Explanation of Responses:

- 1. Represents shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of restricted stock units. These sales were automatic and not in the discretion of the Reporting Person.
- 2. The price reported in Column 4 is a weighted average price. The shares were sold in multiple transactions at prices ranging from \$0.7373 to \$0.7736. Full information regarding the number of shares sold at each separate price can be furnished to the SEC staff upon request.
- 3. Shares held by ElevateBio. The Reporting Person is a director and Chief Financial Officer of ElevateBio, and may be deemed to have shared voting and investment power of the shares held by ElevateBio. The Reporting Person disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these shares in this report shall not be deemed an admission of beneficial ownership of all of the reported shares for purposes of Section 16 or for any other purpose

Remarks:

Officer Title: President and Chief Financial Officer

/s/ Brett Hagen, as Attorneyin-Fact

08/20/2024

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.