FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Last)	C/O ALLOVIR, INC.				3. D	Issuer Name and Ticker or Trading Symbol Allovir, Inc. [ALVR] Date of Earliest Transaction (Month/Day/Year) 07/01/2022								(Che	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title below) Chief Accounting Officer					
1100 WINTER STREET (Street) WALTHAM MA 02451 (City) (State) (Zip)				4. If Amendment, Date of Original Filed (Month/Day/Year)							Line)	X Form filed by One Reporting Person Form filed by More than One Reporting Person								
4 770			le I - Non-			_	CUTITIES 2A. Deeme			DIS	_	-			5. Amou		6.00	a.h.in .	7. Nature	
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)			Execution Date,		3. Transaction Code (Instr. 3, 4) 8) 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4) 5)				Securitie Beneficia	es Form ally (D) o Following (I) (Ir		m: Direct or Indirect Instr. 4)	of Indirect Beneficial Ownership (Instr. 4)							
									Code	v	Amount	(A) or (D)		Price	Transact (Instr. 3	action(s)			(moti. 4)	
Common Stock 07/01/			/2022		A		10,500	10,500 ⁽¹⁾ A S		\$0.00	93,578 ⁽²⁾			D						
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/\)	ate, Ti	4. Transactio Code (Inst 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amoun of Securities Underlying Derivative Security (Instr. 3 and 4)		curity	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				c	ode	v	(A)		Date Exercisab		Expiration Date	Title	or Nu of	umber						
Stock Option (Right to Buy)	\$4.13	07/01/2022			A		19,500		(3)	(07/01/2032	Common Stock	19	9,500	\$0.00	19,500)	D		

Explanation of Responses:

- 1. The shares reported in this transaction represent Restricted Stock Units ("RSUs") issued under the AlloVir, Inc. 2020 Stock Option and Grant Plan (the "Plan"). Each RSU represents the contingent right to receive one share of the Issuer's Common Stock. 25% of the RSUs shall vest on July 1, 2023, with the remainder vesting in twelve equal quarterly installments thereafter.
- 2. Includes 2,710 shares acquired under the AlloVir, Inc. 2020 Employee Stock Purchase Plan on June 30, 2022.
- 3. 25% of this option shall vest and become exercisable on July 1, 2023, with the remainder vesting in twelve equal quarterly installments thereafter.

Remarks:

/s/ Brett Hagen

07/06/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.